

What's On!

Take a look at what's on this month and join in the fun!

TAYLORS BEACH SOCIAL CALENDAR

Day Trips from just \$10 plus expenses, Special Events and Taylors Beach Activities

For bookings call **1300 363 654** or email taylorsb@novacare.org.au

AUGUST 2026

Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August	Friday 7 August
Exercise Class \$5 1pm-2pm Taylor's Beach Centre	Exercise Class \$5 10.30am-11.30am Taylor's Beach Centre	Medowie Outing Lunch: Tenambit Tavern 9am Pickups	Social Bus Outing Lunch: Stockton Bowling Club Bistro 9.30am Pick ups	Morning Tea: Tasty Bites Carrington Lunch: Gallipoli Legion Club 9am Pickups
Monday 10 August	Tuesday 11 August	Wednesday 12 August	Thursday 13 August	Friday 14 August
Exercise Class \$5 1pm-2pm Taylor's Beach Centre	Exercise Class \$5 10.30am-11.30am Taylor's Beach Centre	Paterson Railway Museum Lunch: Paterson Pub 9am Pickups	Social Bus Outing Lunch: Beresfield Bowling Club 9.30am Pick ups	Morning Tea: Macadamia Farm Lunch: Hinton Pub 9am Pickups
Monday 17 August	Tuesday 18 August	Wednesday 19 August	Thursday 20 August	Friday 21 August
Exercise Class \$5 1pm-2pm Taylor's Beach Centre	Exercise Class \$5 10.30am-11.30am Taylor's Beach Centre	Lunch: The Bank Hotel East Maitland 9.00am Pick ups	Tanilba/Lemon Tree Pick Ups Lunch: Commercial Hotel, Morpeth 9.00am Pickups	Morning Tea: Teal Café East Maitland Lunch: Bunga Raya Asian Bistro, East Maitland Bowling Club 9.00am Pickups
Monday 24 August	Tuesday 25 August	Wednesday 26 August	Thursday 27 August	Friday 28 August
Exercise Class \$5 1pm-2pm Taylor's Beach Centre	Exercises \$5 10:30am – 11:30am Taylor's Beach Centre	Lunch: Wests New Lambton 9.00am Pickups	Social Bus Outing Lunch: The Bushranger Bistro 9.30am Pickups	Morning Tea: Paul's Corner Bakery Lunch: Lee Rowan Garden World Café, Warmers Bay 9.00am Pickups
Monday 31 August				
Exercise Class \$5 1pm-2pm Taylors Beach Centre				

I understand that when I book into an event that has an RSVP date, I am confirming my intention to attend and my agreement to pay the full advertised cost. I acknowledge that if I cancel for any reason after submitting my RSVP, I will still be charged the full cost.

Signature: _____

Date: _____

Day Centre Phone Calls!

Please note that not all NovaCare Day Centres are open every day of the week. When a centre is closed, phone diversions and answering machines are in place to ensure your message is received.

If your call is not answered straight away, please leave a message and a member of our team will return your call as soon as possible. We appreciate your patience and understanding and look forward to assisting you.

SPOTLIGHT on Outings:

Thursday 20th August - Tanilba/Lemon Tree Passage Outing



Join us for lunch at the **Commercial Hotel, Morpeth**, where you'll enjoy delicious bistro dining while taking in beautiful views overlooking the Hunter River. Steeped in history, this iconic hotel has welcomed visitors since the 1860s and today combines old-world charm with modern hospitality, featuring a welcoming bar, bistro and its own onsite microbrewery. It's the perfect setting to relax, enjoy great food and spend time with friends.

Friday 28th August

Join us for a delightful lunch at **Gardenia Café**, located within **Lee Rowan's Gardenworld**. Enjoy a delicious meal before taking time to browse the beautiful garden centre, filled with plants, homewares, gifts and unique lifestyle products. Whether you're looking for something quirky or sophisticated, Lee Rowan's offers a wonderful shopping experience with something special for everyone. It's the perfect outing to relax, explore and enjoy great company.



Out and about



NovaCare Taylors Beach Social Centre: 6 Commerce Close, Taylors Beach.

Opening hours: Monday - centre only open for exercise class 1pm – 2pm, Tuesday 9am – 3pm, Wednesday, Thursday and Friday 8am – 4pm. If you need to call outside of these hours, please call the Head Office on 1300 363 654.

This program is subject to change

Supported by the Australian Government Department of Health, Disability and Ageing.

NovaCare Taylors Beach Social Centre Activities – August 2026