

What's On!

Take a look at what's on this month and join in the fun!

SWANSEA SOCIAL CALENDAR

For bookings call 4972 1318 or 1300 363 654 or email support@novacare.org.au

AUGUST 2026

Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August	Friday 7 August
Coffee Club Scenic drive and mystery coffee	Centre Based Activities Group Painting 'OCEAN' + lunch	Men's Group outing Scenic drive and BBQ lunch OR Sharon's group Bacon & egg BBQ in the park	Shopping Shuttle + Coffee Club (NEW) Lake Macquarie Fair, Mt Hutton	Sandy Beach, Summerland Pt Lunch: Gwandalan Bowling Club
Monday 10 August	Tuesday 11 August	Wednesday 12 August	Thursday 13 August	Friday 14 August
Coffee club Secret Café, Charm Haven	Shelley Beach Golf Club lunch outing	Men's Group Outing scenic drive and lunch	Shopping Shuttle + Coffee Club (NEW) Lake Macquarie Fair, Mt Hutton	Swansea Channel walk and talk + lunch locally
Monday 17 August	Tuesday 18 August	Wednesday 19 August	Thursday 20 August	Friday 21 August
Coffee Club Table 1 Espresso Speers Point	Centre based activities	Men's Group outing Sketchleys Cottage, Raymond Terrace OR Sharon's group Ten Tops shopping + Secret Café lunch	Shopping Shuttle Lake Haven 2.5 hrs to shop OR Swansea RSL concert Tom Jones \$30 + transport RSVP 13.7.26 Bookings are essential, tickets to be paid for by individual on the day.	BBQ lunch Blackbutt Reserve
Monday 24 August	Tuesday 25 August	Wednesday 26 August	Thursday 27 August	Friday 28 August
Coffee Club Channel Café Swansea	Centre based Activities Celebrating Daffodil Day + Lunch	Men's Group outing Café 360 + Lunch	Shopping Shuttle + Coffee Club (NEW) Lake Macquarie Fair, Mt Hutton	Cycling without age. Speers Point Park + picnic lunch
Monday 31 August				
Coffee Club MOA Café, Carrington				

I understand that when I book into an event that has an RSVP date, I am confirming my intention to attend and my agreement to pay the full advertised cost. I acknowledge that if I cancel for any reason after submitting my RSVP, I will still be charged the full cost.

Signature: _____

Date: _____

Shopping shuttle News + NEW Coffee club Thursday

Based on your feedback, we have extended the Shopping Shuttle outing, giving you an additional 30 minutes to enjoy your day. This means you will now have up to 2½ hours at the shopping centre to browse the shops, relax, enjoy lunch, or catch up with friends.

The Shopping Shuttle and Coffee Club outings operate at the same time and at the same location each week.

Clients will be picked up from home and transported to either Lake Macquarie Fair, Mount Hutton, or Lake Haven Centre, Lake Haven, arriving between 10:00 am and 11:00 am.

Shopping Shuttle

The Shopping Shuttle is designed for consumers who can shop independently and safely within the shopping centre for up to 2½ hours shopping before returning home at the scheduled pick-up time.

To participate in the Shopping Shuttle, consumers must be able to:

- Move around the shopping centre safely and independently.
- Manage their own purchases and money.
- Attend to their own personal care needs during the outing.
- Follow agreed meeting times and locations.
- Contact NovaCare staff or a nominated support person if assistance is required.

Staff will be present at the shopping centre, but we are unable to provide one-on-one support.

This is a low-touch outing with minimal staff supervision.

Consumers must have:

- The endurance to walk through the shopping centre and carry their purchases.
- The cognitive ability to navigate the centre, manage money, and make independent decisions.

Staff are present only to coordinate transport and respond to emergencies if they arise, not to provide individual support.

Staff will assist with carrying shopping into the consumers home.

Coffee Club – Thursdays

Coffee Club is a new social outing that runs at the same time as the Shopping Shuttle.

Join us for brunch, a coffee, and a scenic drive to either Lake Haven Centre or Lake Macquarie Fair with NovaCare staff.

This outing is designed for consumers who would like a little more support throughout the day and enjoy spending time socialising with others.

Coffee Club participants will stay with the group and staff for the duration of the outing and will not be shopping.

Spaces are limited each week.

To book your place, please contact the Swansea office.

Day Centre Phone Calls!

Please note that not all NovaCare Day Centres are open every day of the week. When a centre is closed, phone diversions and answering machines are in place to ensure your message is received.

If your call is not answered straight away, please leave a message and a member of our team will return your call as soon as possible. We appreciate your patience and understanding and look forward to assisting you.



Opening hours: 9.00am – 1.00pm, Monday to Friday.

If you need to call outside of these hours, please call Head Office on 1300 363 654

This program is subject to change

Supported by the Australian Government Department of Health, Disability and Ageing.