

Take a look at what's on this month and join in the fun!

MORISSET SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day trips from just \$10 plus expenses, **Special Events** and **Morisset Activities**.

For more information or bookings please call.

BOOK NOW

4973 3855

or 1300 363 654

AUGUST 2026

Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August	Friday 7 August
Seniors Centre 9.30am - 2pm And/Or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm	Seniors Centre 9.30am - 2pm Or Shopping Shuttle Lake Haven - 9.30am	Seniors Centre 9.30am - 2pm Or Walkie Talkies - 9.30am	Seniors Centre 9.30am - 2pm
Monday 10 August	Tuesday 11 August	Wednesday 12 August	Thursday 13 August	Friday 14 August
Seniors Centre 9.30am - 2pm And/Or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm Or Local Shopping Bus 9.30am	Seniors Centre 9.30am - 2pm	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm
Monday 17 August	Tuesday 18 August	Wednesday 19 August	Thursday 20 August	Friday 21 August
Seniors Centre 9.30am - 2pm And/Or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm Or Monthly Outing: Newcastle Gallery & Lunch	Seniors Centre 9.30am - 2pm Or Shopping Shuttle Tuggerah - 9.30am	Seniors Centre 9.30am - 2pm Or Walkie Talkies - 9.30am	Seniors Centre 9.30am - 2pm
Monday 24 August	Tuesday 25 August	Wednesday 26 August	Thursday 27 August	Friday 28 August
Seniors Centre 9.30am - 2pm And/Or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm Or Happy Hour – 2.30pm	Seniors Centre 9.30am - 2pm And/Or Movie Moguls - 2.15pm	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm
Monday 31 August				
Seniors Centre 9.30am - 2pm And/Or Active Stronger Better 2pm				

I understand that when I book into an event that has an RSVP date, I am confirming my intention to attend and my agreement to pay the full advertised cost. I acknowledge that if I cancel for any reason after submitting my RSVP, I will still be charged the full cost.

Signature: _____

Date: _____

SPOTLIGHT - FOOD with FRIENDS



Fortnightly on a Thursday join with us and make new friends, we can pick you up on our comfortable bus and take a drive around our local area and stop at one of the many great venues on offer. We laugh and joke on the bus and take in the views as we travel. We enjoy a meal with each other and talk some more. It is always better to share a meal with others than to eat on your own...food always tastes better when you don't have to cook for yourself and forget about the dishes.

We have a great time out together, so come and check out Food with Friends...in the words of Irish poet William Butler Yeats: *There are no strangers here; only friends you haven't met yet.*

\$10 Bus Transport (and money for your meal) To book in or any enquiries call 4973 3855

Movie Moguls presents: Ordinary Angels

Date: Wednesday 26th Aug

Time: 2:15pm

Cost: \$10

Ordinary Angels tells the inspiring true story of a small-town Kentucky hairdresser who rallies her community to help a widowed father save his critically ill daughter. Blending themes of faith, perseverance, and compassion, the film is anchored by heartfelt performances from Hilary Swank and Alan Ritchson.

**Afternoon tea & lucky door prizes, transport avail (if required).*



Monthly Outing: Newcastle Gallery and Lunch

Date: Tuesday 18 Aug

Cost: Money for lunch & either an OPAL or debit card for travel.

Unfortunately, due to staffing we had to cancel our trip to Newcastle Gallery in June.

We are going to try again... **"Get your culture on"**

We will be travelling by train and light rail to Civic and then taking a short walk to the Gallery.

We will then have lunch at the Clarendon Hotel before returning home.

If you need assistance to get to the station to meet the train let us know

RSVP: 14/08/26 – 4973 3855 (line 1)



Day Centre Phone Calls!

Please note that not all NovaCare Day Centres are open every day of the week. When a centre is closed, phone diversions and answering machines are in place to ensure your message is received.

If your call is not answered straight away, please leave a message and a member of our team will return your call as soon as possible. We appreciate your patience and understanding and look forward to assisting you.

This program is subject to change

Supported by the Australian Government Department of Health, Disability and Ageing.

Opening hours: 8.30am – 4.00pm, Monday to Friday.

If you need to call outside of these hours, please call Head Office on 1300 363 654.