

What's On!


Take a look at what's on this month and join in the fun!

TAYLORS BEACH SOCIAL CALENDAR

Day Trips from just \$10 plus expenses, Special Events and Taylors Beach Activities

For bookings call **1300 363 654** or email taylorsb@novacare.org.au

JANUARY 2026

Monday 5 January	Tuesday 6 January	Wednesday 7 January	Thursday 8 January	Friday 9 January
Exercises 1pm-2pm	Exercises 10:30am – 11:30am Or The Lunch Bunch Pickups from 11:30am	Men's Group from 9am Or Coffee Club Pickups from 9.30am Open House 9am – 12pm NEW	Exercises 10:30am – 11:30am Or Mystery Lunch Pickups from 11.30am	Friday Bus Outing: The Winsor Castle & discount shopping Mart Pickups from 8.45am
Monday 12 January	Tuesday 13 January	Wednesday 14 January	Thursday 15 January	Friday 16 January
Coffee Club Pickups from 9:30am Or Exercises 1pm-2pm	Exercises 10:30am – 11:30am Or The Lunch Bunch Pickups from 11:30am	Men's Group from 9am Or Coffee Club Pickups from 9.30am Open House 9am – 12pm NEW	Exercises 10:30am – 11:30am Or Mystery Lunch Pickups from 11.30am	Friday Bus Outing: Food & friendship Café Warners Bay Pickups from 8.45am
Monday 19 January	Tuesday 20 January	Wednesday 21 January	Thursday 22 January	Friday 23 January
Exercises 1pm-2pm	Exercises 10:30am – 11:30am Or The Lunch Bunch Pickups from 11:30am	Men's Group Pickups from 9am Or Coffee Club Pickups from 9.30 Open House 9am – 12pm NEW	Exercises 10:30am – 11:30am Or Australia Day celebration BBQ at Fingal Park or Club lunch Pickups from 11.30am (Weather permitting)	Friday Bus Outing: Lee Rowans Garden World Hillsborough Pickups from 8.45am
Monday 26 January	Tuesday 27 January	Wednesday 28 January	Thursday 29 January	Friday 30 January
 Australia Day Public Holiday	Exercises 10:30am – 11:30am Or The Lunch Bunch Pickups from 11:30am	Men's Group Pickups from 9am Or Coffee Club Pickups from 9.30am Open House 9am – 12pm NEW	Exercises 10:30am – 11:30am Or Mystery Lunch Pickups from 11.30am	Friday Bus Outing: Edgeworth Tavern Pickups from 8.45am

I understand that when I book into an event that has an RSVP date, I am confirming my intention to attend and my agreement to pay the full advertised cost. I acknowledge that if I cancel for any reason after submitting my RSVP, I will still be charged the full cost.

Signature: _____

Date: _____

TAYLORS BEACH NEWS!



Welcome to 2026

As we step into a brand-new year, we extend a warm welcome to all our NovaCare consumers, families and carers.

We look forward to 2026 being a year filled with connection, wellbeing and fun moments together.



Let's Start the Year with Something New!

You're invited to drop into NovaCare's brand-new Day Centre at Taylor Beach! We're kicking off 2026 in the best way possible — with fun, friends, and fresh adventures!

Join us this January 2026 for our Wednesday Open House, from 9.00am till 12.00pm where you can wander through our brand-new space, meet the team, and get a sneak peek at all the exciting things we have planned.

The centre will be open for you to drop in every Wednesday morning throughout January. We can provide transport if you need it, please contact the centre to book your transport.

What's waiting for you?

- A mix of outings and day trips
- Creative and hands-on interest groups
- Activities that spark joy, curiosity, and connection
- Plenty of laughs, good company, and maybe even a surprise or two!



Start the year off right — doing things you love, trying something new, and being part of a vibrant community. We are looking for ideas, so our suggestion box takes centre stage. Please let us know what you would like to do and we will do our best to make it happen.

We can't wait to welcome you, show you around, and share everything our new Day Centre has to offer.

The fun begins in 2026 at 6 Commerce Close, Taylors Beach.

Email us: taylorsb@novacare.org.au

Or

Phone: 0400 808 599



CHSP TEAM

We would like to introduce the CHSP team, your first point of contact for enquiries, support, and feedback about your Commonwealth Home Support Program services, you are welcome to call and ask to speak with one of our CHSP Coordinators.

If you need support to read or understand any information or documents you receive from NovaCare, you can call and speak with a coordinator who will be happy to help. If we can't help over the phone we will arrange to visit you at home. They're always happy to help.

Last minute changes to daily programs

From time to time, there may be last-minute changes to our programs due to weather conditions or staff availability. We do our best to minimise disruptions, but sometimes adjustments are necessary to ensure everyone's safety and wellbeing. If changes occur, we'll attempt to contact you to offer an alternative venue or the option to cancel. We appreciate your understanding and flexibility when these situations arise.



Keeping Food Safe During Shopping Services

As the weather warms up, it's more important than ever to keep groceries safe and at the right temperature—especially when travelling to and from the shops. To help us maintain food safety standards and protect the wellbeing of all clients, we kindly ask that anyone attending a NovaCare shopping service brings a cooler bag and ice bricks with them.

These simple items help keep perishable foods such as meat, dairy and frozen foods at safe temperatures while you travel, wait for transport, or move between shops. They also reduce the risk of food spoilage, ensuring your groceries stay fresh and safe to enjoy once you're home.

Thank you for helping us support safe shopping

NovaCare Taylors Beach Social Centre: 6 Commerce Close, Taylors Beach

Opening hours: 8.30am – 4.00pm, Monday to Friday.

If you need to call outside of these hours, please call Head Office on 1300 363 654.

This program is subject to change

Supported by the Australian Government Department of Health, Disability and Ageing