

What's On!



Take a look at what's on this month and join in the fun!

SWANSEA SOCIAL CALENDAR DECEMBER 2025

For bookings call 4972 1318 or 1300 363 654 or email support@novacare.org.au

Opening hours: 8.30am – 4.00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.

Monday 1 December	Tuesday 2 December	Wednesday 3 December	Thursday 4 December	Friday 5 December
<p>Coffee Club – Swansea RSL</p> <p>OR</p> <p>Active, Stronger, Better 10.30am-11.15am</p> <p>OR</p> <p>Strength Balance Relax including gentle yoga 1.00pm -1.45pm</p>	<p>Swansea Christmas Stall Fundraiser 10-2pm Stall sales See back for more details</p>	<p>Swansea Group Client Christmas Party Belmont Golf Club</p> <p>OR</p> <p>Men's Group outing</p> <p>OR</p> <p>Active, Stronger, Better 9.00am-9.45am</p> <p>OR</p> <p>Strength, Balance, Relax including gentle yoga 11.45am-12.30pm</p>	<p>Shopping Shuttle to Lake Fair 2 hours to shop</p> <p>OR</p> <p><u>NEW GROUP</u> Swansea centre Join our wonderful group for company, morning tea and various activities Lunch nearby</p>	<p>Doylo Christmas photos on Santa's chair and lunch</p> <p>OR</p> <p>Strength, Balance, Relax 12.15 -1.00pm</p>
Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December
<p>Coffee club- Picnic weather pending</p> <p>OR</p> <p>Active, Stronger, Better 10.30am-11.15am</p> <p>OR</p> <p>Strength Balance Relax including gentle yoga 1.00pm -1.45pm</p>	<p>Belmont 16s Brunch</p>	<p>Men's Group Client Christmas Party Toronto Workers</p> <p>OR</p> <p>Active, Stronger, Better 9.00am-9.45am</p> <p>OR</p> <p>Strength, Balance, Relax including gentle yoga 11.45am-12.30pm</p>	<p>Shopping Shuttle – Lake Fair 2 hours to shop Why not, Join your Swansea group friends for catch ups over coffee at the shops, last minute Christmas shopping</p>	<p>Harrigan's Cameron Park</p> <p>OR</p> <p>Strength, Balance, Relax 12.15 -1.00pm</p>
Monday 15 December	Tuesday 16 December	Wednesday 17 December	Thursday 18 December	Friday 19 December
<p>Coffee Club – Belmont 16s</p> <p>OR</p> <p>Active, Stronger, Better 10.30am-11.15am</p> <p>OR</p> <p>Strength Balance Relax including gentle yoga 1.00pm -1.45pm</p>	<p>Christmas BINGO Morning tea only, Raffle prizes drawn</p>	<p>Christmas Scone Time Fort Scratchley's Limited availability</p> <p>OR</p> <p>Men's Group outing</p> <p>OR</p> <p>Active, Stronger, Better 9.00am-9.45am</p> <p>OR</p> <p>Strength, Balance, Relax including gentle yoga 11.45am-12.30pm</p>	<p>Shopping Shuttle – Lake Fair 3 hours to shop LAST CHANCE shopping</p> <p>OR</p> <p><u>Swansea RSL Concert</u> Rock & Roll Christmas \$28 plus transport Terms and conditions when booking</p>	<p>Brunch outing locally Last day for Swansea Centre</p> <p>OR</p> <p>Strength, Balance, Relax 12.15 -1.00pm</p>

Christmas / New Year Closures

Swansea centre will be closed over the Christmas / New Year period from end of business Friday 19 December 2025 until Monday 5 January 2026 (inclusive). A reminder there will be no CHSP services on the Public Holidays 25 and 26 December 2025 or 1 January 2026. If you have any issues during this period, you can call Head Office on 1300 363 654, Monday – Friday 8.30am - 5.00pm (except public holidays).

Supported by the Australian Government Department of Health, Disability and Ageing

Christmas message



On behalf of everyone at NovaCare, I'd like to wish you a joyful Christmas and a happy, healthy start to 2026. Thank you for being part of our community this year — your trust and support mean so much. We look forward to sharing another wonderful year ahead with you

Joseph McCarthy
CEO

Time to plan for 2026

As we plan for 2026, we'll be reviewing all centre activity programs and adding extra details—such as walking distances and accessibility information—to make it easier for you to decide which activities to book into. As part of this process, we'll also be conducting centre evaluations to review our programs and facilities. You might receive a call from one of our CHSP Coordinators, as we're selecting consumers at random to gather feedback and ideas for improvement.

We're also working through our annual risk assessments to ensure the venues we attend, and our centres remain safe, welcoming, and well-prepared for the year ahead.



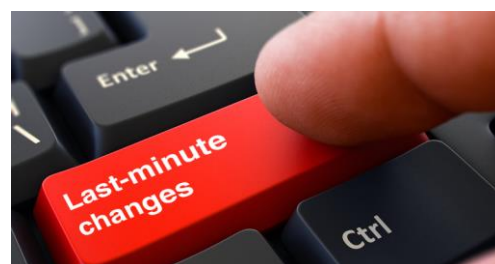
Information packs



Over the coming weeks, you'll receive an information pack from your coordinator about the new Aged Care Act 2025. This pack includes important details we're required to share with all consumers, along with helpful information about what the changes mean for you. Your coordinator will be available to go through the pack and answer any questions you may have.

Last minute changes to daily programs

From time to time, there may be last-minute changes to our programs due to weather conditions or staff availability. We do our best to minimise disruptions, but sometimes adjustments are necessary to ensure everyone's safety and wellbeing. If changes occur, we'll attempt to contact you to offer an alternative venue or the option to cancel. We appreciate your understanding and flexibility when these situations arise.



Merry Christmas and Happy New year!

From all of us at Swansea, we wish you a happy and healthy holiday season! Thank you for being part of our NovaCare family and for making so many wonderful memories with us. We can't wait to see what the new year brings!

Here are some of our favourite times with you this year!



Regards Michelle, Sandie, Sharon and the Swansea team.



NovaCare



SWANSEA CHRISTMAS STALL

Inviting all NovaCare clients, families and staff

A COMMUNITY FUNDRAISER

30 Josephson St Swansea

10 AM - 2 PM

2nd December 2023

Local artisan gifts for Christmas

Morning tea and lunch - \$12

All proceeds to support



EASTLAKES

Café
360

