

What's On!



Take a look at what's on this month and join in the fun!

HOME CARE PACKAGE SOCIAL CALENDAR

For bookings call 1300 363 654

DECEMBER 2025

Monday 1 December	Tuesday 2 December	Wednesday 3 December	Thursday 4 December	Friday 5 December
Exercise classes @ 10:30am lunch & afternoon of fun @Milpara	Lunch outing	NOVACARE CHRISTMAS LUNCHEON Belmont Golf Club \$40		1-1 Social Visit
Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December
Exercise classes @ 10:30am lunch & afternoon of fun @Milpara	Kids Christmas party @ Gillieston Heights	NOVACARE CHRISTMAS LUNCHEON Toronto Workers Club \$50	Christmas shopping @ Lake Fair	1-1 Social Visit
Monday 15 December	Tuesday 16 December	Wednesday 17 December	Thursday 18 December	Friday 19 December
Exercise classes @ 10:30am lunch & afternoon of fun @Milpara	Small groups Christmas party	Scone time Fort Scratchley	Christmas 	1-1 Social Visit

For more information or bookings please contact Head Office on 1300 363 654.

Christmas / New Year Closures

Small groups will not run over the Christmas / New Year period from end of business Friday 19 December 2025 until Monday 5 January 2026 (inclusive). A reminder there will be no CHSP services on the Public Holidays 25 and 26 December 2025 or 1 January 2026. If you have any issues during this period, you can call Head Office on 1300 363 654, Monday – Friday 8.30am - 5.00pm (except public holidays).

Supported by the Australian Government Department of Health, Disability and Ageing

NOVACARE NEWS!

Christmas message



On behalf of everyone at NovaCare, I'd like to wish you a joyful Christmas and a happy, healthy start to 2026.

Thank you for being part of our community this year — your trust and support mean so much.

We look forward to sharing another wonderful year ahead with you

Joseph McCarthy
CEO

Time to plan for 2026

As we plan for 2026, we'll be reviewing all centre activity programs and adding extra details—such as walking distances and accessibility information—to make it easier for you to decide which activities to book into. As part of this process, we'll also be conducting centre evaluations to review our programs and facilities. You might receive a call from one of our CHSP Coordinators, as we're selecting consumers at random to gather feedback and ideas for improvement.

We're also working through our annual risk assessments to ensure the venues we attend, and our centres remain safe, welcoming, and well-prepared for the year ahead.



Information packs



Over the coming weeks, you'll receive an information pack from your coordinator about the new Aged Care Act 2025. This pack includes important details we're required to share with all consumers, along with helpful information about what the changes mean for you. Your coordinator will be available to go through the pack and answer any questions you may have.

Last minute changes to daily programs

From time to time, there may be last-minute changes to our programs due to weather conditions or staff availability. We do our best to minimise disruptions, but sometimes adjustments are necessary to ensure everyone's safety and wellbeing. If changes occur, we'll attempt to contact you to offer an alternative venue or the option to cancel. We appreciate your understanding and flexibility when these situations arise.

