

Take a look at what's on this month and join in the fun!

MORISSET SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day trips from just \$10 plus expenses, **Special Events** and **Morisset Activities**.

For more information or bookings please call.

BOOK NOW

4973 3855

or 1300 363 654

DECEMBER 2025

Monday 1 December	Tuesday 2 December	Wednesday 3 December	Thursday 4 December	Friday 5 December
Seniors Centre 9.30am - 2pm Or ActiveStrongerBetter 2pm	Seniors Centre 9.30am - 2pm Or Carers afternoon tea – 2pm	Seniors Centre 9.30am - 2pm Or Shopping Shuttle – Lake Haven 9.30am	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm And/Or Discussion Advance Care Directives – guest speaker Afternoon Tea provided – 2pm
Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December
Seniors Centre 9.30am - 2pm Or ActiveStrongerBetter 2pm	Seniors Centre 9.30am - 2pm Or Happy Hour – 1pm (Christmas Wrap)	Seniors Centre 9.30am - 2pm Or Christmas Party – Toronto Workers Club 11am	Seniors Centre 9.30am - 2pm Or Walkie Talkies 9.30am	Seniors Centre 9.30am - 2pm
Monday 15 December	Tuesday 16 December	Wednesday 17 December	Thursday 18 December	Friday 19 December
Seniors Centre 9.30am - 2pm Or ActiveStrongerBetter 2pm	Seniors Centre 9.30am - 2pm Or Shopping Shuttle – Tuggerah 9.30am	Seniors Centre 9.30am - 2pm Or Scone Time – Fort Scratchley (numbers limited) 10am	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm

Opening hours: 8.30am – 4.00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.

Christmas / New Year Closures

Morisset centre will be closed over the Christmas / New Year period from end of business Friday 19 December 2025 until Tuesday 6 January 2026 (inclusive). A reminder there will be no CHSP services on the Public Holidays 25 and 26 December 2025 or 1 January 2025. If you have any issues during this period, you can call Head Office on 1300 363 654, Monday – Friday 8.30am - 5.00pm (except public holidays).

MORISSET NEWS!

Christmas message



On behalf of everyone at NovaCare, I'd like to wish you a joyful Christmas and a happy, healthy start to 2026.

Thank you for being part of our community this year — your trust and support mean so much.

We look forward to sharing another wonderful year ahead with you

Joseph McCarthy
CEO

Time to plan for 2026

As we plan for 2026, we'll be reviewing all centre activity programs and adding extra details—such as walking distances and accessibility information—to make it easier for you to decide which activities to book into. As part of this process, we'll also be conducting centre evaluations to review our programs and facilities. You might receive a call from one of our CHSP Coordinators, as we're selecting consumers at random to gather feedback and ideas for improvement.

We're also working through our annual risk assessments to ensure the venues we attend, and our centres remain safe, welcoming, and well-prepared for the year ahead.



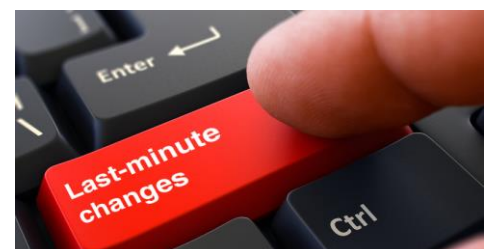
Information packs



Over the coming weeks, you'll receive an information pack from your coordinator about the new Aged Care Act 2025. This pack includes important details we're required to share with all consumers, along with helpful information about what the changes mean for you. Your coordinator will be available to go through the pack and answer any questions you may have.

Last minute changes to daily programs

From time to time, there may be last-minute changes to our programs due to weather conditions or staff availability. We do our best to minimise disruptions, but sometimes adjustments are necessary to ensure everyone's safety and wellbeing. If changes occur, we'll attempt to contact you to offer an alternative venue or the option to cancel. We appreciate your understanding and flexibility when these situations arise.



Happy Hour

Happy Hour will be held earlier this month (at an earlier timeslot) – due to Christmas closure. We will be entertained by the Rathmines/Wangi singers (Christmas program) followed by afternoon tea.



Shopping Shuttle

To make the most of shopping opportunities in the lead up to Christmas we have scheduled our Tuggerah run on Tuesday 16th December, so that those who want to attend the Scone Time @ Fort Scratchley on Wednesday 17th can do so.

EOI Strength and Balance



We are looking for expressions of Interest for the Strength & Balance (Falls Prevention Program).

This is 7-week program (2 hrs per week) at the Morisset Centre. For more information or to book your spot - call Vivienne 4973 3855.

We are hoping to facilitate this Feb/March next year 2026.

STOP PRESS:

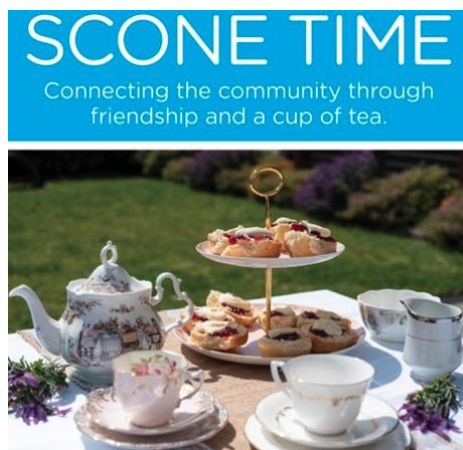
A BIG shout out to Jean & Lyn and all those who contributed over a couple of events in October, we raised \$973 for the Breast Cancer foundation...Congratulations!



As Christmas approaches, we extend a warm invitation to you for our NovaCare Christmas Luncheon. Join us for a lovely afternoon of delicious food and good friends. It's a wonderful time of year to gather together, share in the festive spirit, and enjoy each other's company.

Scone Time:

Wednesday 17th December 2025
10.30am – 12pm - Fort Scratchley



Understanding Death and Dying Together

Get Peace of Mind
for your End of
Life

LEARN HOW TO
MAKE YOUR
ADVANCED
CARE
DIRECTIVE
WITH DOULA
RUTH BOYDELL

FRIDAY 5 DECEMBER 2025
2 PM - 4PM

Includes CUPPA AND CAKE

Morriset Multi Purpose Centre

RSVP to fiona@fionahall.com.au

or Ph 0431 330 412