

What's On!



Take a look at what's on this month and join in the fun!

MILPARA SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day trips from just \$10 plus expenses, **Special Events** and **Milpara Activities**.

For more information or bookings call us or email milpara@novacare.org.au

BOOK NOW

4963 6356

or 1300 363 654

DECEMBER 2025

Monday 1 December	Tuesday 2 December	Wednesday 3 December	Thursday 4 December	Friday 5 December
Active.Stronger.Better Lunch at Milpara Games/Craft With Small Groups Or Scenic Drive & Lunch	Scenic Drive & Lunch	Active.Stronger.Better & Lunch at Milpara Last one for the year	Bingo at Milpara Or Scenic Drive & Lunch	Scenic Drive & Lunch
Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December
Active.Stronger.Better Lunch at Milpara Games/Craft With Small Groups Or Scenic Drive & Lunch	Scenic Drive & Lunch	NovaCare Christmas Party At Toronto Workers Club \$50, 2 course meal RSVP by 18/11	Craft Group Or Scenic Drive & Lunch	Scenic Drive & Lunch
Monday 15 December	Tuesday 16 December	Wednesday 17 December	Thursday 18 December	Friday 19 December
Active.Stronger.Better Lunch at Milpara Games/Craft With Small Groups Or Scenic Drive & Lunch	Scenic Drive & Lunch	Scone Time at Fort Scratchley Function Centre Limited numbers	Christmas Party At Milpara	MOA Harrington Farm Gate Brunch

Christmas / New Year Closures

Milpara will be closed over the Christmas / New Year period from end of business Friday 19 December 2025 until Monday 5 January 2026 (inclusive). A reminder there will be no CHSP services on the Public Holidays 25 and 26 December 2025 or 1 January 2026. If you have any issues during this period, you can call Head Office on 1300 363 654, Monday – Friday 8.30am - 5.00pm (except public holidays).

Opening hours: 8.30am – 4.00pm, Monday to Friday.

If you need to call outside of these hours please call Head Office on 1300 363 654.

Supported by the Australian Government Department of Health, Disability and Ageing

Christmas message



On behalf of everyone at NovaCare, I'd like to wish you a joyful Christmas and a happy, healthy start to 2026. Thank you for being part of our community this year — your trust and support mean so much. We look forward to sharing another wonderful year ahead with you

Joseph McCarthy
CEO

Time to plan for 2026

As we plan for 2026, we'll be reviewing all centre activity programs and adding extra details—such as walking distances and accessibility information—to make it easier for you to decide which activities to book into. As part of this process, we'll also be conducting centre evaluations to review our programs and facilities. You might receive a call from one of our CHSP Coordinators, as we're selecting consumers at random to gather feedback and ideas for improvement.

We're also working through our annual risk assessments to ensure the venues we attend, and our centres remain safe, welcoming, and well-prepared for the year ahead.



Information packs



Over the coming weeks, you'll receive an information pack from your coordinator about the new Aged Care Act 2025. This pack includes important details we're required to share with all consumers, along with helpful information about what the changes mean for you. Your coordinator will be available to go through the pack and answer any questions you may have.

Last minute changes to daily programs

From time to time, there may be last-minute changes to our programs due to weather conditions or staff availability. We do our best to minimise disruptions, but sometimes adjustments are necessary to ensure everyone's safety and wellbeing. If changes occur, we'll attempt to contact you to offer an alternative venue or the option to cancel. We appreciate your understanding and flexibility when these situations arise.

