

What's On!



Take a look at what's on this month and join in the fun!

HOME CARE PACKAGE SOCIAL CALENDAR

For bookings call 1300 363 654

OCTOBER 2025

For more information or bookings please contact Head Office on 1300 363 654.

		Wednesday 1 st October	Thursday 2 nd October	Friday 3 rd October
		Men's Group OR Maitland lunch outing Ladies	 @ Milpara	1-1 Social visit
Monday 6 th October	Tuesday 7 th October	Wednesday 8 th October	Thursday 9 th October	Friday 10 th October
Public Holiday Closed	Lunch Outing – Pies in the Park	Men's Group	Coffee Club	1-1 Social visit
Monday 13 th October	Tuesday 14 th October	Wednesday 15 th October	Thursday 16 th October	Friday 17 th October
Exercise Classes @ 10.30 am Lunch & afternoon of fun @ Milpara	Lunch Outing	Men's Group OR Maitland lunch outing Ladies	Coffee Club	1-1 Social visit
Monday 20 th October	Tuesday 21 st October	Wednesday 22 nd October	Thursday 23 rd October	Friday 24 th October
Exercise Classes @ 10.30 am Lunch & afternoon of fun @ Milpara	Lunch Outing	Men's Group	Coffee Club	1-1 Social visit
Monday 27 th October	Tuesday 28 th October	Wednesday 29 th October	Thursday 30 th October	Friday 31 st October
Exercise Classes @ 10.30 am Lunch & afternoon of fun @ Milpara	Lunch Outing Hunter Valley	Men's Group OR Maitland lunch outing Ladies	Scone Time @ Milpara	1-1 Social visit

🎄 ✨ Save the Date – NovaCare Community Christmas Parties! 🎄 ✨

Due to overwhelming demand, we're excited to announce that this year NovaCare will be hosting TWO Community Christmas Parties! 🎅 📺

- 📅 Wednesday, 3rd December – Belmont Golf Club
- 📅 Wednesday, 10th December – Toronto Workers Club

Come along and celebrate the festive season with us! ☀️
The price for lunch will be confirmed soon. (Please note: drinks and transport will be additional.) We can't wait to celebrate Christmas with you – make sure to save the date! 🎵 ❤️



REMINDERS

Seatbelts

Seatbelts must be worn when the bus is in motion, only when the bus is parked can people take their seatbelts off. We are not a public bus where you can stand before you stop.



Labour Day Holiday Closure

The NovaCare office and all of the social centres will be closed on Monday 6th October 2025 for the Labour Day. A reminder there will be no CHSP services on the public holidays.

Daylight Savings 🕒 ➡️ ☀️

Daylight savings begins at 2am on Sunday 5th October 2025 when clocks are put forward one hour.

Carer's Week 12 – 18 October

Carers Week is a time to recognise and celebrate the incredible contribution of carers in our community. Whether you're supporting a family member, a friend, or someone in the community, your dedication and compassion truly change lives. We acknowledge the challenges you face, the love you give, and the invaluable role you play each day. To all carers – thank you.



Supported by the Australian Government Department of Health, Disability and Ageing

Understanding the Commonwealth Home Support Programme

Understanding the Commonwealth Home Support Programme (CHSP)

At NovaCare, we know that staying safe, well, and connected at home and in your community is important to you. That's why many of our consumers receive support through the *Commonwealth Home Support Programme (CHSP)*—an Australian Government initiative that provides *entry-level support* for older people who need a little help to maintain their independence.

CHSP services are funded by the government and are designed to support a large number of older Australians with entry-level needs, so it must be shared carefully to ensure as many people as possible can access the help they need.

Home Care Packages (HCP) Program offers more comprehensive support for those with greater care needs. Sometimes people feel confused—or even frustrated—about who is paying for what, especially when services appear similar but are funded differently.

Consumers receiving Home Care Packages (HCP) usually have more complex or ongoing care needs that require a higher level of support. Because of this, the government assigns individual funding to HCP consumers to help manage and pay for the wider range of services they may need—such as medication assistance, or daily personal support. This is different from the CHSP, where support is more limited and shared across the community. While this difference in funding can be confusing or feel unfair at times, it reflects the greater level of care required under the HCP program.

Everyone's situation is different, and sometimes it's not obvious why someone might be receiving Home Care Package (HCP) funding—especially when their needs aren't immediately visible. We're here to help clarify how your support is funded and what that means for you.

My Aged Care

If you or someone you care for has recently had a reassessment through My Aged Care (MAC) and been approved for additional services, including a Home Care Package (HCP), it's important to let us know as soon as possible.

Staying informed about any changes to your funding or support level helps us ensure:

- Your care plan is updated appropriately
- You receive the right services at the right time
- We avoid any interruptions to your existing support
- Your transition to new funding (such as a HCP) is smooth and well-coordinated



Even if you're awaiting your HCP to be assigned, please let us know once you've been approved so we can help get additional services in place that support you to stay living in your own home safely.

If you're unsure whether your reassessment has led to changes or have any questions about what this means, feel free to reach out—we're here to help.

Please contact us on 1300 363 654 to update your information or discuss your next steps.