

Take a look at what's on this month and join in the fun!

## MORISSET SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

Day trips from just \$10 plus expenses, **Special Events** and **Morisset Activities**.

For more information or bookings please call.

**BOOK NOW**

**4973 3855**

**or 1300 363 654**

### JULY 2025

Monday 30 June	Tuesday 1 July	Wednesday 2 July	Thursday 3 July	Friday 4 July
Seniors Centre 9.30am - 2pm  And/or Dance4Wellbeing – 2pm	Seniors Centre 9.30am - 2pm Or Strength & Balance – Falls Prevention Program 10am <b>BOOKINGS Essential</b> Or Coffee, Cake & Chat for Carers - 2pm	Seniors Centre 9.30am - 2pm Or Shopping Shuttle Local 9.30am	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm Or Steam Powered – Hydro 1pm
Monday 7 July	Tuesday 8 July	Wednesday 9 July	Thursday 10 July	Friday 11 July
Seniors Centre 9.30am - 2pm and/or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm Or Strength & Balance – Falls Prevention Program 10am <b>BOOKINGS Essential</b>	Seniors Centre 9.30am - 2pm Or Shopping Shuttle Lake Haven 9.30am	Seniors Centre 9.30am - 2pm Or Walkie Talkies 9.30am	Seniors Centre 9.30am - 2pm
Monday 14 July	Tuesday 15 July	Wednesday 16 July	Thursday 17 July	Friday 18 July
Seniors Centre 9.30am - 2pm and/or Dance4Wellbeing – 2pm	Seniors Centre 9.30am - 2pm Or Monthly Outing – Davistown RSL	Seniors Centre 9.30am - 2pm	Seniors Centre 9.30am - 2pm Or Food w Friends - 9.30am	Seniors Centre 9.30am - 2pm
Monday 21 July	Tuesday 22 July	Wednesday 23 July	Thursday 24 July	Friday 25 July
Seniors Centre 9.30am - 2pm and/or Active Stronger Better 2pm	Seniors Centre 9.30am - 2pm	Seniors Centre 9.30am - 2pm Or Shopping Shuttle Tuggerah 9.30am	Seniors Centre 9.30am - 2pm Or Walkie Talkies 9.30am	Seniors Centre 9.30am - 2pm Or Steam Powered – Hydro 1pm
Monday 28 July	Tuesday 29 <sup>th</sup> July	Wednesday 30 <sup>th</sup> July	Thursday 31 <sup>st</sup> July	Friday 1 <sup>st</sup> August
Seniors Centre 9.30am - 2pm and/or Dance4Wellbeing – 2pm	Seniors Centre 9.30am - 2pm Or Happy Hour – 2.30pm	Seniors Centre 9.30am - 2pm and/or Movie Moguls “Made in Italy” - 2.15 pm	Seniors Centre 9.30am - 2pm Or Food w Friends – 9.30am	Seniors Centre 9.30am - 2pm Or Steam Powered – Hydro 1pm

**Opening hours: 8.30am – 4.00pm, Monday to Friday.**

**If you need to call outside of these hours, please call Head Office on 1300 363 654.**

## Important Update from NovaCare

### The Support at Home Program and New Aged Care Act Deferred to 1 November 2025.

The Australian Government has announced a brief deferral of the start date for the Support at Home program and the new Aged Care Act, now commencing on 1 November 2025.

At NovaCare, we welcome this decision. The additional time allows our consumers, staff, and the broader aged care sector to prepare with clarity and confidence for these important reforms.

### Why the Deferral Matters

This short extension ensures:

- ✓ Older people accessing care are prepared
- ✓ Aged care workers are trained and supported
- ✓ Providers' operations and systems are ready



The new Aged Care Act is being designed to put the rights of older Australians first. It represents a significant shift in the way care is delivered—ensuring transparency, accountability, and person-centred care.

### NovaCare's Commitment

While there are no immediate changes to our current services, NovaCare is:

- Continuing to deliver the high-quality, local care that our community depends on.
- Working closely with government and sector partners to shape and implement the reforms.
- Actively preparing our people, systems, and services to align with the new expectations and rights-based framework.

With this renewed timeline, we are using the time wisely ensuring a smooth transition for our clients and a strong foundation for the future of aged care in Australia. For more information head to [www.health.gov.au](http://www.health.gov.au)

### A New Statement of Rights – What You Need to Know

From 1 November 2025, a new Aged Care Act will come into effect. As part of this change, all older people receiving aged care will receive a new Statement of Rights. This Statement of Rights builds on -but is stronger & more detailed than - the current Charter of Aged Care Rights. It puts your rights at the heart of the aged care system, with clear protections written into law. These rights are designed to make sure your care is safe, respectful, and focused on your needs & choices.

### What are the New Rights?

Your rights include:

- Making your own decisions about your own life.
- Having your decisions not just accepted, but respected.
- Getting information and support to help you make decisions.
- Communicating your wishes, needs and preferences.
- Feeling safe, supported, and respected.
- Having your culture and identity respected.
- Staying connected with your community.

### Knowing How to Make a Complaint or Speak Up if Something Isn't Right

If you ever feel like your rights aren't being respected, you can talk to our staff, a family member or other trusted person. You can also reach out to the Aged Care Quality and Safety Commission for support. Complaints about your rights not being respected can be made to the new Complaints Commissioner.

### What Do You Need to Do?

You don't need to do anything right now – we will share your Statement of Rights with you and explain it clearly.

As your provider, NovaCare is here to help you understand what these rights mean in your day-to-day care and to make sure they're upheld. If you'd like to read more, you can visit the Department of Health, Disability and Ageing website for trusted, easy-to-understand information:

### Resources for older people, their families and carers

[New Aged Care Act resources for older people, their families and carers](#) | [Australian Government Department of Health, Disability and Ageing](#)

# MORISSET NEWS!

## SPOTLIGHT

### Movie Moguls presents....

Each month (usually Wednesday) we host an afternoon matinee – on our big screen complete with surround sound...it's like being at the Picture Theatre – but more user friendly.

We try to cater for all tastes in viewing and endeavour to find something current. Happy for suggestions from the audience.

We provide afternoon tea at intermission, and we hold a lucky door prize draw, you might win a ½ price movie voucher. If you are unable to get to the cinema and want to join us, you can drive to the centre, or we can provide transport. The cost is \$10 to enjoy the company of other movie goers. To book in or any enquiries call 4973 3855



### Movie Moguls presents – “Made In Italy”



Robert (Liam Neeson), a bohemian artist, and his estranged son try to mend their broken relationship as they work together to repair a tumbledown house that Robert has inherited from his deceased wife.

**Wednesday 30 July at 2.15pm**

@ Seniors Day Centre - Morisset

**Cost: \$10**

### Monthly Outing

We are taking a train and ferry to the lovely Davistown RSL

This is a beautiful venue, with lovely food and there is an interesting war memorabilia exhibition on site.

**Cost:** \$8 return concession on the Ferry + money for lunch. You will need an OPAL card for the train.

This includes a 2 course meal – a Roast and desert and tea & coffee.

**Date:** Thursday 19 June – time TBC on booking



### STOP PRESS:

**\*SCONE TIME AT MORISSET MULTI-PURPOSE CENTRE WEDNESDAY 9 JULY 10.30-12NOON**

**\*WE WILL BE HOSTING A DYING TO KNOW YOU CAFÉ FRIDAY 8 AUGUST @ 2PM – MORE INFORMATION COMING SOON**