



## Take a look at what's on this month and join in the fun! TAYLORS BEACH SOCIAL CALENDAR

Day Trips from just \$10 plus expenses, Special Events and Taylors Beach Activities.

NovaCare Taylors Beach Social Centre: 6 Commerce Close, Taylors Beach For bookings call 1300 363 654 or email *taylorsb@novacare.org.au* 

# **SEPTEMBER 2024**

Mon 2 September	Tues 3 September	Wed 4 September	Thurs 5 September	Fri 6 September
	Exercises 10:30am – 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am <b>Or</b> Shopping Shuttle Salamander Pickups from 11:30am	Scenic Drive and Lunch Minmi Hotel
Mon 9 September	Tues 10 September	Wed 11 September	Thurs 12 September	Fri 13 September
	Exercises 10:30am - 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am <b>Or</b> Shopping Shuttle Salamander Pickups from 11:30am	Scenic Drive and Lunch Bull and Bush Medowie
Mon 16 September	Tues 17 September	Wed 18 September	Thurs 19 September	Fri 20 September
	Exercises 10:30am - 11:15am <b>Or</b> The Lunch Bunch Pickups from 11:30am	Men's Group <b>Or</b> Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am <b>Or</b> Shopping Shuttle Salamander Pickups from 11:30am	Scenic Drive and Lunch Windsor Castle Hote East Maitland
Mon 23 September	Tues 24 September	Wed 25 September	Thurs 26 September	Fri 27 September
	Exercises 10:30am - 11:15am <b>Or</b> The Lunch Bunch Pickups from	Men's Group <b>Or</b> Coffee Club 10:30am - 12:30pm	Exercises 10:30am - 11:15am <b>Or</b> Shopping Shuttle Salamander	Scenic Drive and Lunch Carrington Bowling Club
	11:30am		Pickups from 11:30am	



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#### **The Lunch Bunch**

#### A Delightful New Lunch Outing

Lunch Bunch is a weekly lunch gathering where we can come together to enjoy a delicious meal, engage in lively conversations, and forge new friendships. Each



week, we will explore a different local restaurant or cafe, ensuring a variety of cuisines and dining experiences.



## Weekly Shopping Shuttle

Every Thursday to Salamander. Pickups from 11:30am.



**AFTER HOURS CALLS AND CONTACT OVER THE WEEKEND.** NovaCare have a voice mail after-hours service in place. Any calls made to the after-hours voice mail inbox will be actioned the next business day. For example, if you call on Saturday to talk to your Case Manager about a service change it will be actioned on Monday morning.

NovaCare also have a support service called Safety-Link that supports the staff delivering service over the weekend to our

## **Social Outings!**

We continue to offer our fun Bus Outings every Friday, including a scenic drive, with a stop for morning tea and lunch. We would love you to join us.



#### Men's Group

We have our own Men's Group Bus Outings each Wednesday. Our men's group offers a welcoming environment where you can connect with other men while enjoying a scenic drive, morning tea and lunch.



home care package consumers. This is NOT an emergency service. In the case of an emergency please 000, the operator will direct you to the appropriate service.

We encourage all consumers to discuss any additional services requirements prior to the weekend where possible. We understand that care arrangements can change very quickly, our aim is to respond quickly to ensure we keep everyone living safely in their own home. Our after-hours service helps us achieve this.

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