

Take a look at what's on this month and join in the fun!

## MILPARA SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

**Day Trips** from just \$10 plus expenses, **Special Events** and **Milpara Activities**.

For more information or bookings, please call us or email [milpara@novacare.org.au](mailto:milpara@novacare.org.au)

**BOOK NOW**

**4963 6356**

**or 1300 363 654**

## NOVEMBER 2023

Monday 30 Oct	Tuesday 31 Oct	Wednesday 1 Nov	Thursday 2 Nov	Friday 3 Nov
Stockton Ferry and Morning Tea at Dixon Park Lunch: Queens Wharf Hotel	Scenic Drive Lunch: Toronto Hotel	Active.Stronger.Better <b>Or</b> Men's Group	Bingo <b>Or</b> Morning Tea at Speers Point Park Roxbox Lunch: Warners at the Bay Newcastle Distilling Co	Morning Tea at MOA Harrington Farm Gate Mrs. Jones Oyster Bar Lunch: The Mary Ellen
Monday 6 Nov	Tuesday 7 Nov	Wednesday 8 Nov	Thursday 9 Nov	Friday 10 Nov
Scenic Drive Lunch: Salamander Hotel	Melbourne Cup @ Milpara Sweeps, \$1, \$2, \$5 Concert Games	Active.Stronger.Better <b>Or</b> Men's Group	Bingo <b>Or</b> Adamstown Pudding Kitchen Tour and Morning Tea \$8 Lunch: The Duke New Lambton	Scenic Drive Lunch: The Budgewoi Hotel
Monday 13 Nov	Tuesday 14 Nov	Wednesday 15 Nov	Thursday 16 Nov	Friday 17 Nov
Hunter Belle Cheese Room High Cheese \$35 <b>Or</b> Morning Tea at Stockton Lunch: Town Hall Waratah	Active. Stronger. Better Circuit <b>Or</b> Sandy Beach BBQ <b>Or</b> Getting Lost	Active.Stronger.Better <b>Or</b> Men's Group	Bingo <b>Or</b> Cardiff RSL Eastern Tiger All You Can Eat \$17	Thirsty Messiah Brewery Broadmeadow Christmas Shop Lunch: Norma's Bistro Alder Street Bowling Club
Monday 20 Nov	Tuesday 21 Nov	Wednesday 22 Nov	Thursday 23 Nov	Friday 24 Nov
Brunch at Newcastle Flower Market <b>Or</b> Scenic Drive Lunch: Hexham Bowling Club	Active. Stronger. Better Circuit <b>Or</b> Marthaville Arts and Culture Centre \$10 Morning Tea Lunch: <b>Or</b> Twilight Picnic	Active.Stronger.Better <b>Or</b> Men's Group	Bingo <b>Or</b> Hunter Valley Smelly Cheese Shop Lunch: Kearsley Hotel	Scenic Drive Lunch: Harrigan's Cameron Park
Monday 27 Nov	Tuesday 28 Nov	Wednesday 29 Nov	Thursday 30 Nov	
Morning Tea at Medowie Macadamias Lunch: Raymond Terrace	Happy Birthday Everyone Celebrating everyone's birthday for the Year Concert Games - Pass the Parcel Pin the tail on the donkey	Active.Stronger.Better <b>Or</b> Men's Group	Bingo <b>Or</b> Morning Tea at Nords Wharf Trading Post Lunch: Gwandalan Bowling Club	

## Melbourne Cup at Milpara

We are doing sweeps, games and a concert. If you'd like to go in the sweeps, we are collecting throughout October. Pick up will be later as it is a longer day. Please book by Friday 3 November.



## Out and about!

As the weather warms up people need to dress appropriately for the weather, outings may change at short notice depending on weather conditions.

Please stay hydrated, we always carry water so please ask if you need some.



 **Reminder**

**Christmas Closures  
– Milpara**  
Milpara will be closed on  
the public holidays but will  
be open on all other days.

**Opening hours: 8:30am-4:00pm, Monday to Friday.**

**If you need to call outside of these hours please call Head Office on 1300 363 654.**