

Get more out of your Home Care Package

If you have a Home Care Package, you'll be amazed how NovaCare can maximise your services with our whole of life approach.



NovaHome – we come to you, providing quality services that make independent living easier.

NovaLife – enjoy bus trips, socialising, gentle exercise, singing, cycling, lunches and shared interest groups.

NovaHealth – care from registered nurses, assistance with medications and wound care, plus access to allied health practitioners.

NovaRespite – take a break with respite care in your home or in our fabulous Ailsa Craig Cottage.

More info?

Call NovaCare
1300 363 654

NovaCare is all about supporting your choices to lead your own life the way you want, living in your own home, making your own decisions and doing the things you love. We're here to help you *live your way.*

Administration

51 Robertson Street
Carrington 2294

Milpara Social Centre

26-30 Caldwell Street
Merewether 2291

Swansea Social Centre

30 Josephson Street
Swansea 2281

Morisset Social Centre

143 Dora Street
Morisset 2264

Ailsa Craig Respite Cottage

145 Lindsay Street
Hamilton 2304



Phone **1300 363 654**
Email support@novacare.org.au
www.novacare.org.au



Award winning Home Care Packages



Live your way, at home in the Hunter.

The innovative, award winning support from the Hunter's premier home care specialist is here to surprise, delight and help you live your way.

Locals helping locals

NovaCare is a not for profit organisation that began in Merewether over 30 years ago. Today, our services reach into homes throughout Newcastle, Lake Macquarie, the Lower Hunter and Port Stephens. We are locals like you, independent, flexible and close at hand.

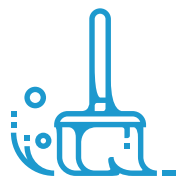


Our people are amazing

Local, qualified, talented and professional but most importantly they are led by their desire to go further and make a difference.

Unique choice of services

No other provider in the Hunter offers such a full 'wrap around' range of services. No matter what stage of life you're at, we're with you all the way to support your interests, independence and goals.



Domestic assistance

We can help with cleaning, laundry, bed making, pet care, washing the dishes, bill paying, phone calls, shopping and meal preparation.



Yard maintenance

Lawn mowing, garden care and pruning.



Home safety

Home assessments by an occupational therapist; installing safety equipment.



Fun stuff

A monthly calendar of events with bus trips, lunches, Strength, Balance, Relax, Cycling Without Age and more.



Transport

To appointments, functions and social events.



Health and medical

Assistance from Registered Nurses, medication assistance, wound and clinical care, hospital to home support, rehabilitation support, exercise and mobility programs, oxygen requirements.



Personal care

Assistance with bathing, dressing and toileting.



House maintenance

Minor household repairs and maintenance, e.g. changing light globes, changing batteries in smoke detectors.



Social support

Companionship, going for a coffee, getting to bowls or to church, visiting friends and family.



Social Centres

At NovaCare's social centres in Merewether, Swansea and Morisset, you can meet new friends, join special interest and exercise groups and enjoy fabulous outings.



Respite Care

Day, overnight, emergency or planned respite in your home or in our private respite cottage in Hamilton.



Allied health support

Access to services such as dental, vision, hearing, podiatry, physiotherapy, dietitian and speech therapy.



Care for people living with dementia

A unique model of care that is centered on getting to know each person, our care will meet the needs of each individual person.