Get more out of your Home Care Package

If you have a Home Care Package, you'll be amazed how NovaCare can maximise your services with our whole of life approach.



NovaHome – we come to you, providing quality services that make independent living easier.

NovaLife – enjoy bus trips, socialising, gentle exercise, singing, cycling, lunches and shared interest groups.

NovaHealth – care from registered nurses, assistance with medications and wound care, plus access to allied health practitioners.

NovaRespite – take a break with respite care in your home or in our fabulous Ailsa Craig Cottage.

If you have just received your Home Care Package or would like to change providers, we can help you navigate the way.

Call us 1300 363 654

NovaCare is all about supporting your choices to lead your own life the way you want, living in your own home, making your own decisions and doing the things you love. We're here to help you live your way.

> Administration Unit 1, 33 Newton Street Broadmeadow

Milpara Social Centre 26-30 Caldwell Street

Merewether

Swansea Social Centre 30 Josephson Street, Swansea



Phone 1300 363 654 Email support@novacare.org.au Facsimile 02 4949 2499

www.novacare.org.au



Award winning Home Care Packages



Live your way

Live your way, at home in the Hunter.

The innovative, award winning support from the Hunter's premier home care specialist is here to surprise, delight and help you live vour wav.

Locals helping locals

NovaCare is a not for profit organisation that began in Merewether over 25 years ago. Today, our services reach into homes throughout Newcastle, Lake Macquarie, the Lower Hunter and Port Stephens. We are locals like you, independent, flexible and close at hand.



Our people are amazing

Local, gualified, talented and professional but most importantly they are led by their desire to go further and make a difference.

Unique choice of services

No other provider in the Hunter offers such a full 'wrap around' range of services. No matter what stage of life you're at, we're with you all the way to support your interests, independence and goals.



Domestic assistance

We can help with cleaning, laundry, bed making, pet care, washing the dishes, bill paying, phone calls, shopping and meal preparation.

Yard maintenance

Lawn mowing, garden care and prunina.

Home safety

Home assessments by an occupational therapist; installing safety equipment.



Fun stuff

A monthly calendar of events with bus trips, lunches, singing in the community, Cycling Without Age and more.



Transport

To appointments, functions and social events.

Health and medical

Assistance from Registered Nurses, medication assistance, wound and clinical care, hospital to home support, rehabilitation support, exercise and mobility programs, oxygen requirements.



Personal care

Assistance with bathing, dressing and toileting.



House maintenance

Minor household repairs and maintenance, e.g. changing light globes, changing batteries in smoke detectors.



Social support

Companionship, going for a coffee, getting to bowls or to church, visiting friends and family.

Social Centres



Head to our hubs in Merewether and Swansea where you can meet new friends, join special interest groups, exercise classes and enjoy fabulous outings.

Respite Care



Allied health support

Access to services such as dental, vision, hearing, podiatry, physiotherapy, dietitian and speech therapy.