

June  
2018

# What's On

**NovaCare**  
Live your way

## Take a look at what's on this month and join in the fun! MILPARA SOCIAL CALENDAR

We can pick you up and drop you back at home in a comfy, air-conditioned NovaCoach.

**Day Trips** from just \$10 plus expenses, **Special Events** and **Milpara Activities**.

For more information or bookings, please call us or email [milpara@novacare.org.au](mailto:milpara@novacare.org.au)

**BOOK NOW**  
**4963 6356**  
or **1300 363 654**

### June 2018

Monday 28 May	Tuesday 29 May	Wednesday 30 May	Thursday 31 May	Friday 1 June
<b>DAY TRIP</b> Gourmet BBQ with Ken	<b>DAY TRIP</b> Mulla Villa Wollombi Tour, lunch, transport Book by 22 May - \$43	<b>MILPARA</b> Strength.Balance.Relax then Mystery Lunch <b>Or</b> Belmont 16 Footers Concert and Lunch	<b>MILPARA</b> Sit & Sew And/or Handy Hens Craft Group Lunch: Souths Merewether <b>Or</b> Men's Outing	<b>MILPARA</b> Tai Chi / Healthy Moves <b>Or</b> Morning Tea at Carrington Lunch: The Wickham Park Hotel
Monday 4 June	Tuesday 5 June	Wednesday 6 June	Thursday 7 June	Friday 8 June
<b>DAY TRIP</b> Morning Tea at Maitland Lunch: Rutherford Hotel	<b>DAY TRIP</b> Cycling Without Age BBQ at Blackbutt Concert: Disciples of Fun	<b>MILPARA</b> Strength.Balance.Relax then Mystery Lunch <b>Or</b> Belmont 16 Ft's Concert & Lunch	<b>SPECIAL EVENT</b> Scenic Drive Margins Mushroom Farm Tour - \$15 Lunch: Fisherman's Wharf Book by Monday 4 June	<b>MILPARA</b> Tai Chi / Healthy Moves <b>Or</b> Morning Tea at Raymond Terrace Lunch: Tomago Bowling Club
Monday 11 June	Tuesday 12 June	Wednesday 13 June	Thursday 14 June	Friday 15 June
<b>CLOSED</b> <b>QUEEN'S BIRTHDAY</b> <b>PUBLIC HOLIDAY</b>	<b>DAY TRIP</b> Men's Health Week Men's Mystery Tour <b>Or</b> Seniors at Swansea Fashion Parade BBQ Lunch	<b>MILPARA</b> Strength.Balance.Relax then Mystery Lunch <b>Or</b> Belmont 16 Footers Concert and Lunch	<b>MILPARA</b> Sit and Sew with June Handy Hens Craft Group <b>Or</b> Movies at Hoyts Charlestown Lunch: TBA <b>Or</b> Morning Tea at Milpara Lunch: The Grand Hotel	<b>MILPARA</b> Tai Chi / Healthy Moves <b>Or</b> Scenic Drive BBQ Karuah
Monday 18 June	Tuesday 19 June	Wednesday 20 June	Thursday 21 June	Friday 22 June
<b>DAY TRIP</b> Morning Tea at The Watagan's Lunch: Wangi Workers Kangaroos at Morisset	<b>SPECIAL EVENT</b> Woy Woy to Davistown Ferry - \$8 Lunch: Davistown RSL Pelican Feeding Book by 15 June <b>Or</b> Morning Tea at Milpara Lunch: South Merewether	<b>MILPARA</b> Strength.Balance.Relax then Mystery Lunch <b>Or</b> Belmont 16 Footers Concert and Lunch	<b>DAY TRIP</b> Cycling Without Age Nobby's BBQ Lunch	<b>MILPARA</b> Tai Chi / Healthy Moves <b>Or</b> Scenic Drive Morning Tea at Stockton Lunch: Fingal Bay Sports Club
Monday 25 June	Tuesday 26 June	Wednesday 27 June	Thursday 28 June	Friday 29 June
<b>DAY TRIP</b> Cycling Without Age Lunch: Queens Wharf Hotel	<b>DAY TRIP</b> Morning tea At Eleebana Rocky Point Lookout Lunch: Valentine Bowling Club	<b>MILPARA</b> Strength.Balance.Relax then Mystery Lunch <b>Or</b> Belmont 16 Footers Concert and Lunch	<b>MILPARA</b> Sit and Sew with June Handy Hens Craft Group <b>Or</b> Morning Tea at Dixon Park Lunch: West City	<b>MILPARA</b> Tai Chi / Healthy Moves <b>Or</b> Scenic Drive Morning Tea at Morpeth Lunch: Hinton Hotel



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# What's On

## SWANSEA SOCIAL CALENDAR

Take a look at what's on this month  
and join in the fun!

BOOK NOW - 4972 1318

### June 2018

Monday 28 May	Tuesday 29 May	Wednesday 30 May	Thursday 31 May	Friday 1 June
				<b>DAY TRIP</b> On the Road Bus Trip
Monday 4 June	Tuesday 5 June	Wednesday 6 June	Thursday 7 June	Friday 8 June
Wellness Program Coffee Club Shuttlebug	<b>TUESDAY ACTIVITY DAY</b> Craft Group Shopping Mt Hutton	Fit & Fab Men's Outing Rathmine's Bowling Club	Shopping Mt Hutton Redhead Group	Shopping wMt Hutton
Monday 11 June	Tuesday 12 June	Wednesday 13 June	Thursday 14 June	Friday 15 June
<b>CLOSED QUEEN'S BIRTHDAY PUBLIC HOLIDAY</b>	<b>TUESDAY ACTIVITY DAY</b> Fashion Parade BBQ Lunch 500 Club Shopping Mt Hutton	Fit & Fab	Shopping Mt Hutton	<b>DAY TRIP</b> Morning Tea at Catherine Hill Bay Lunch: Wallarah Recreation Club Book by 8 June
Monday 18 June	Tuesday 19 June	Wednesday 20 June	Thursday 21 June	Friday 22 June
Wellness Program Coffee Club Shuttlebug	<b>TUESDAY ACTIVITY DAY</b> Craft Group Shopping Mt Hutton	Fit & Fab Men's Group Medowie Hotel	Shopping Mt Hutton Redhead Group Silverthreads Concert	Shopping Mt Hutton
Monday 25 June	Tuesday 26 June	Wednesday 27 June	Thursday 28 June	Friday 29 June
Wellness Program Shopping Mt Hutton Shuttlebug	<b>TUESDAY ACTIVITY DAY</b> 500 Club Shopping Mt Hutton	Fit & Fab Outing - Lake Haven Shopping Centre	Shopping Mt Hutton	<b>DAY TRIP</b> Morning Tea at Eleebana Lunch: Valentine Bowling Club Book by 22 June