



*Live your way
at home in the Hunter*



Around the house



Transport



Nursing Care



Respite Care



Fun activities

*With award winning support
from locals who care*



There's no place like home, living independently and doing the things you love. You can with NovaCare and our unique wrap around approach that gives you amazing choice for home, health, life and respite support.

We are locals helping locals, a not for profit organisation that has been recognised for leading the state in aged and community services.

Aged & Community Services Australia 2016 & 2017 NSW/ACT – ORGANISATION OF THE YEAR
Australian Aged Care Quality Agency 2017 – BETTER PRACTICE AWARD

Ask us how 1300 363 654

NovaCare
Live your way

NovaChoices



While other organisations provide support services for people living at home, we go further. We work together to make things happen that you want. Of course we provide professional help with personal care and daily tasks, like cleaning and transport, to make living at home easier – but that’s just the start. Whatever your interests and goals, we always strive to make your day with the support of someone you like and trust.



NovaHome

- House cleaning
- Laundry
- Pet care
- Gardening and mowing
- Maintenance
- Shopping
- Cooking
- Getting to appointments
- Personal alarms
- Smart technology



NovaHealth

- Registered Nurses
- Showering
- Medications
- Wound care
- Dementia care
- Well being
- Continence management
- Physiotherapist
- Allied health services



NovaRespite

- Respite cottage
- Respite at home
- Community connection
- Dementia expertise
- Carer support
- Day respite
- Overnight respite
- Planned respite
- Emergency respite



NovaLife

- Social calendar
- Gentle exercise programs
- Bus trips and outings
- Transport
- Friendship
- Music and iPods
- Singing
- Cycling Without Age.
- Technology and internet

Margaret's Choices



“Maria and I just get on really well” – Margaret.

When Margaret’s husband Jimmy was living with dementia, NovaCare was there to meet both his and Margaret’s needs. Since Jimmy passed away, Margaret has the social support of Milpara and cleaning once a fortnight.

“NovaCare has a lot of social outings!”



Ask us how 1300 363 654

NovaCare
Live your way

Choose your adventure



Sing Out Loud Together.

"They learn from us and we learn from them and it's so much fun."

Cycling Without Age.

*Keep your wheels turning,
feel the wind in your hair!*

Make new friends at 70, 80, 90 or 100!

Milpara Social Centre

This is our social hub in Merewether where you can join special interest groups, exercise classes, meet a friend for a cuppa, or head out on the NovaBus for lunch or a day trip. Be involved as little or as much as you like.

Monthly calendar of events.

Give your general health, well being and independence a boost through friendship and fun.

FUN. What's life without it? Sing, laugh, socialise and enjoy life your way.



WE ARE PROUD TO BE AFFILIATED WITH THESE
AMAZING ORGANISATIONS TO DELIVER OUTSTANDING EXPERIENCES



Ask us how 1300 363 654



NovaRespite



"The cottage and NovaCare in-home services have allowed my dad to continue to have a quality of life for his last seven years. He loved how well the staff treated him and it was the difference between my beautiful father being in an aged facility or living at home with me." – Pauline.



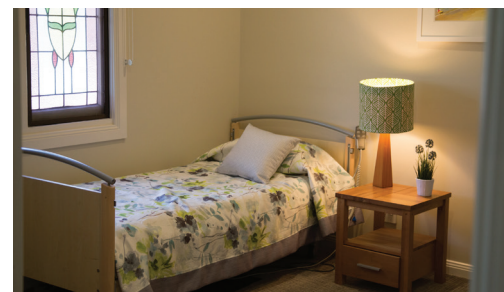
Ask us about day, overnight, emergency and planned respite care in our cottage or in your own home. Ailsa Craig Cottage is Newcastle's only privately owned, overnight respite house.



Home cooked meals, friendship and activities.



A vegie patch, BBQ and men's shed.



Four private bedrooms with large ensuites.



A tranquil home environment.

Centrally located in Hamilton, our beautiful, newly renovated federation home offers a tranquil home away from home experience that is unique in the Hunter.

Ask us how 1300 363 654

NovaCare
Live your way



Live your way

My Aged Care

The Australian Government understands that most people prefer to continue to live independently at home, but may also need some help with daily tasks. Home support services and home care packages are federally funded and may be available to you. If not, ask about our services for private clients.

Who is eligible?

NovaCare provides support services to residents across the Hunter in Newcastle and Lake Macquarie areas as well as Maitland and Port Stephens. My Aged Care services and home care packages are for people aged 65 or over (or Aboriginal or Torres Strait Islander people over 50) and have a current approved assessment by the Aged Care Assessment Team.

Steps to My Aged Care

1. Do you need a hand? We can guide you through the steps to access subsidised home support services and connect you with My Aged Care. Please call us and we will assist you.
2. An assessor will make an appointment to come to your home and discuss your needs. You may qualify for subsidised support through the Commonwealth Home Support Program or Home Care Packages.
3. When you are assessed, nominate NovaCare as your provider of choice.
4. If you receive a letter from the Commonwealth Government regarding a Home Care Package or Commonwealth Home Support, please call us for a free care conversation in your home by a registered nurse.



Gwen's Choices

"Jenny takes me to appointments, shopping and from the first time we met, we just hit it off. We share the same sense of humour." – Gwen

At 91, Gwen is on a Level 2 Package. With all the NovaChoices to pick from she chose house cleaning, mowing, gardening, shopping, getting to appointments such as doctors and hairdressers, socialising and exercise. The NovaCare bus picks her up and drops her back home for activities at Milpara, lunches and special outings. As Gwen's needs change, so can her choices.



Garden maintenance, getting out and about and gentle exercise are some of Gwen's choices.

Not sure what to do? Looking to switch providers? Ask us how 1300 363 654

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